PLANT FACT SHEET

Arabis sagittata (Bertol.) DC.

GENUS *Arabis* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A cabbage family herb. It can grow for 2 or more years. It grows 60 cm tall. The leaves are in a ring near the base and the leaves on the stem have very short stems.

HABITAT

It is a temperate plant. It grows on dry limestone slopes.

NOTES

There are about 120 Arabis species. They are temperate plants.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c1538d66-0f8d-4202-8c9b-25e3e9eed112