PLANT FACT SHEET

Cirsium brevistylum Cronq.

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Indian thistle

EDIBLE PARTS AND USES

Edible parts: Root, Stem

The taproot is eaten raw or steamed.

DESCRIPTION

A herb. It is a robust thistle. It grows 90-250 cm high. It can grow fro 2 years or continue to grow for a few years. It has a thick taproot. The leaves in the first years from a ring near the base. The flower stems grow in the second year. The leaves and flower heads are spiny. The flowers are purplish-red.

HABITAT

It is a temperate plant. It grows in moist clearings and in valleys.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c16867ce-640a-4b36-83a3-83a8366af612