PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Gonatopus boivinii (Decne.) Engl.

GENUS *Gonatopus* **FAMILY** Araceae

COMMON NAMES Giraff's knees

EDIBLE PARTS AND USES

Edible parts: Tuber

The sap can irritate the skin.

DESCRIPTION

A herb. It has a tuber 5-10 cm across. The plant grows 0.9-1.2 m tall and spreads 40 cm wide. The leaves are 150 cm long. The leaf stalk has a swelling near the centre of the stalk. The leaves are divided into leaflets.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics. It grows between 40-1,000 m above sea level.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c1698d80-d34e-4c09-9c37-82c67c768006