PLANT FACT SHEET

Eulophia hians Spreng.

GENUS *Eulophia* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Tubers

The roots are eaten as a snack.

DESCRIPTION

A orchid herb. It grows in the soil. It grows 25-30 cm tall. It has an underground stem or rhizome. The leaves are simple and at the base. They are narrowly sword shaped. There are 3-18 flowers in a loose arrangement in stalks 15-45 cm long. The flower petals are pale red or purple. The fruit is an oblong capsule.

HABITAT

It is a subtropical plant. It grows in grassland.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 283 (As Eulophia clavicornis)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c1a087aa-a26b-4bed-88c5-3c64184428e2