PLANT FACT SHEET

Bletilla striata Rchb.f.

GENUS *Bletilla* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Bulb

The bulb is stewed with pork or chicken.

DESCRIPTION

An orchid. It grows 18-60 cm tall. The rhizome is flattened. It is 1-3 cm across. The stems are 3-25 cm long and stout and encloses several long tubular sheaths. There are 4-6 leaves. The leaves are widely spaced or clustered towards the tip of the stem. They are narrowly oval and 8-29 cm long by 2-4 cm wide.

HABITAT

It is a temperate plant. It grows in evergreen broad-leaved forests between 100-3,200 m above sea level in China. In Sichuan.

PRODUCTION

Cultivation

It can be grown by division of the bulbs. It can be grown by seeds.

NOTES

It is a traditional Chinese medicinal herb.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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