PLANT FACT SHEET

# *Lithocarpus polystachyus* (Wall. ex A. DC.) Rehder

**GENUS** *Lithocarpus* **FAMILY** Fagaceae

**COMMON NAMES** Sweet tea, Many-spiked lithocarpus

## EDIBLE PARTS AND USES

**Edible parts:** Seeds, Leaves - drink, Nuts

The seeds or nuts contain starch.
The young leaves are used to make a tea drink.

## DESCRIPTION

A medium sized tree. It grows 10-15 m tall. The trunk is 10-15 cm across. The leaves are broadly oval and 8-17 cm long by 3-6 cm wide. There is a grey covering underneath. The flowers are greenish-yellow. The flowers are separate on the same plant. The fruit is a nut. The fruit are shiny with a pointed tip.

## HABITAT

A tropical plant. It grows in dense tropical evergreen forests from about 300-400 m altitude and above. Some types can grow on poor dry savannah soils. It need light.

## NOTES

There are about 300 Lithocarpus species.

## REFERENCES


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