PLANT FACT SHEET

Armeria maritima (Mill.) Willd.

GENUS *Armeria* **FAMILY** Plumbaginaceae

COMMON NAMES Sea thrift, Cliff rose, Sea pink

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

DESCRIPTION

A perennial plant. It grows 15-30 cm high. The leaves are linear and dark green. The flowers are in heads 2.5 cm across and held well above the leaves.

HABITAT

A temperate plant. It is frost hardy. It grows near the coast and in mountain areas. It needs well-drained soil. It is resistant to drought. In Argentina it grows from sea level to 3,200 m above sea level. It suits hardiness zones 4-10.

PRODUCTION

Cultivation

It can be grown by dividing clumps.

NOTES

There are about 80 Armeria species. The Plumbaginaceae usually grow near sea coasts.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c20982c4-9f2d-49e7-912a-055d86800282