PLANT FACT SHEET

Phyllanthus niruri L.

GENUS *Phyllanthus* **FAMILY** Phyllanthaceae

COMMON NAMES Stonebraker

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Leaves, Fruit

DESCRIPTION

A shrub. It grows 50-70 cm tall. The branches are soft and reach upwards. The bark is smooth and light green. The leaves are simple and arranged one after the other (alternate). The flowers are pale green. The fruit are small capsules with many seeds.

HABITAT

It is a tropical plant. It grows in coastal areas. In Argentina it grows from sea level to 1,000 m above sea level. In Costa Rica it grows between 1,000-2,500 m above sea level.

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