PLANT FACT SHEET

Echinophora orientalis Hedge & Lamond

GENUS *Echinophora* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The roots are used in halva - a sweet confectionary.
The leaves are used in a vegetable soup.

DESCRIPTION

A herb. It keeps growing from year to year. The flowers are white.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are 10 Echinophora species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c24fcffb-ba57-4d75-b16b-6fe6877ae8d8