PLANT FACT SHEET

# *Artemisia indica* Willd.

**GENUS** *Artemisia* **FAMILY** Asteraceae

**COMMON NAMES** Indian mugwort

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Vegetable

The young leaves are used as a flavouring. They are fried in oil and eaten as a vegetable.

## DESCRIPTION

A herb. It keeps growing from year to year. It grows 80-150 cm tall. The leaves are grey underneath. The lowest leaves are oval and 6-12 cm long by 3-8 cm wide. They are divided into 3 or 4 pairs of segments. The leaves higher up are smaller and have teeth along the edge.

## HABITAT

It is a tropical plant. It grows on the edges of forests and on slopes at low elevations to 2,000 m above sea level. In Sikkim it is recorded between 300-2,400 m above sea level.

## NOTES

There are about 300 Artemisia species. It is used as a medicine in Nepal.

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