PLANT FACT SHEET

Asphodelus aestivus Brot.

GENUS *Asphodelus* **FAMILY** Asphodelaceae

COMMON NAMES Common asphodel

EDIBLE PARTS AND USES

Edible parts: Root, Stem, Seeds, Tuber, Leaves

The spindle shaped tubers are eaten.
The stems and roots produce sugar.

DESCRIPTION

A clump forming herb which keeps growing from year to year. It grows 100 cm high. It spreads 60 cm wide. It has several fleshy roots. The leaves near the base are long and flat. They are strap like. They are grey-green and 12-30 mm wide. The flowering stems have short, side branches. The flowers are 20-30 mm wide. The flowers are star shaped and white. There is a central brown stripe on each petals. The fruit is a capsule 6-8 mm across.

HABITAT

It is a Mediterranean plant. It grows on rocky places and waste ground. It can grow in dry salty soil. It can grow in arid places. It suits hardiness zones 7-10.

PRODUCTION

Cultivation

Plants can be grown from seed or by division.

NOTES

There are 12 Asphodelus species.
Also put in the family Asphodelaceae.

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