PLANT FACT SHEET

Amaranthus mitchellii Benth.

GENUS *Amaranthus* **FAMILY** Amaranthaceae

COMMON NAMES Boggabri weed

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

The leaves and seeds are edible cooked. They are ground to make damper.
CAUTION: This plant can accumulate nitrates if grown with high nitrogen inorganic fertilisers and these are poisonous.

DESCRIPTION

An annual plant. It grows erect. It grows 15-50 cm high. The leaves are oval and 5 cm long. The flowers are whitish-green and in clusters in the axils of leaves.

HABITAT

A tropical plant. It grows in the tropics and subtropics. It grows on sandy and gravelly soils.

NOTES

There are about 60 Amaranthus species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c39a45c7-8a54-4ec1-bb4d-09c3aa6d54c9