PLANT FACT SHEET

Rytidostylis gracilis Hook. & Arn.

GENUS *Rytidostylis* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The young fruit are cooked and eaten as a vegetable.
The tender tips of the vine are eaten.

DESCRIPTION

An annual climbing plant. It is much-branched and climbs over shrubs. It can lie along the ground. Fruit are 2-3 cm long by 1 cm thick. There are 12-16 seeds 5-7 mm long.

HABITAT

It is a tropical plant. It grows in damp places. It can be from sea level to 1,400 m above sea level.

REFERENCES

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/
Lira, R. & Caballero, J., 2002, Ethnobotany of the Wild Mexican Cucurbitaceae. Economic Botany 56(4) pp. 380-398

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