PLANT FACT SHEET

Eberhardtia tonkinensis H. Lecomte

GENUS *Eberhardtia* **FAMILY** Sapotaceae

COMMON NAMES Cong sua bac bo

EDIBLE PARTS AND USES

Edible parts: Seeds - oil

The seeds have oil which can be pressed out and eaten or used for cooking.

DESCRIPTION

A medium sized tree. It is 18-20 m high. The trunk is straight and 20-40 cm across. The leaves are 15-30 cm long by 7-12 cm wide. The fruit are round or oval and 4-5 cm across. They have 5 seeds. The seeds are flat and shiny and 4 cm long by 2 cm wide.

HABITAT

A tropical plant. It grows between 100-1,000 m altitude. It occurs in primary and secondary forests. It is a light demanding tree, but needs shade when young. A temperature between 20-25°C is best. A rainfall of 1,300 mm is the minimum. It needs a deep, moist soil. In Yunnan.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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