PLANT FACT SHEET

Ophiuros exaltatus (L.) Kuntze

GENUS *Ophiuros* **FAMILY** Poaceae

COMMON NAMES Rice grass, Canegrass

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are boiled.

DESCRIPTION

A grass. It keeps growing from year to year. The stems can have swollen bulbs at the base. The stems are erect and 1-2 m tall. They are 4-6 mm across. The leaf blades are 30-60 cm long by 0.5-2.5 cm wide.

HABITAT

It is a tropical plant. It grows on grassy hillsides below 900 m above sea level.

REFERENCES

Rapoport, E. H., et al, 1995, Edible Weeds: A Scarcely Used Resource. Bulletin of the Ecological Society of America. Vol. 76 No. 3 pp 163-166 (As Rottboellia exaltata)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c3feb930-1e98-40b3-a41e-4f597b0c0910