PLANT FACT SHEET

Passiflora subpeltata Ortega

GENUS *Passiflora* **FAMILY** Passifloraceae

COMMON NAMES White passionfruit

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A vine which climbs by tendrils. The leaves are simple and 6-8 cm long. They can have 3 blunt lobes. The upper side is bluish green while the underside is covered with a waxy bloom. There are 2-4 stalked glands along the leaf stalk. The flowers are white and have conspicuous bracts around the base. The fruit is 20-60 mm long. They hang singly or in pairs in the axils of leaves. The pulp ripens from white to yellow. The pulp has an unpleasant smell. There are many seeds. The pulp is edible.

HABITAT

A tropical plant. It grows in areas of disturbed rain-forest. It has become self sown in some warm temperate coastal places. It needs a temperature above 10°C. It is best with a temperature between 15-30°C. In Zimbabwe it grows between 1,300-1,600 m above sea level.

NOTES

There are about 400 Passiflora species.

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