PLANT FACT SHEET

Eupatorium perfoliatum L.

GENUS *Eupatorium* **FAMILY** Asteraceae

COMMON NAMES Boneset, Thoroughwort

EDIBLE PARTS AND USES

Edible parts: Leaves, Ash - salt

The ash from the burnt roots is sprinkled like salt to flavour foods.

DESCRIPTION

A shrub in the daisy family. It keeps growing from year to year. It grows 0.9-1.5 m tall and spreads 0.9-1.5 m wide. The leaves are opposite. They are wrinkled and have teeth around the edge. The leaves are 20 cm long. The flowers occur in large compound heads. There are 10-40 flowers. They are white but often tinged with purple.

HABITAT

It is a cold temperate plant. It suits hardiness zones 3-4.

NOTES

There are about 40 Eupatorium species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c40ced0f-4f46-41e9-ad42-ed568f7a3554