PLANT FACT SHEET

Stellaria sp.

GENUS *Stellaria* **FAMILY** Caryophyllaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The whole plant can be eaten raw or cooked.

DESCRIPTION

Stellaria sp. probably media. A low leafy plant which grows from seed. The stems have a line of hairs down one side. The flowers are small and white.

HABITAT

A tropical plant.

PRODUCTION

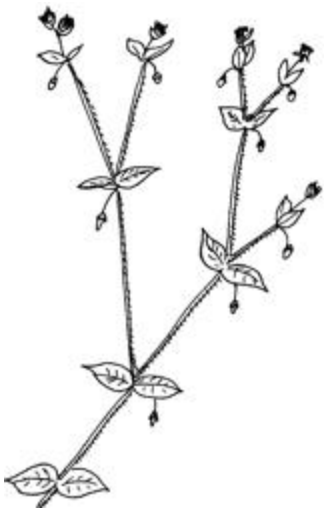
Cultivation

It is self sown from seed.

NOTES

There are about 130 Stellaria species. They are mostly in temperate regions.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

French, B.R., 1986, Food Plants of Papua New Guinea, A Compendium. Asia Pacific Science Foundation p 387

Powell, J.M., Ethnobotany. In Paijmans, K., 1976, New Guinea Vegetation. Australian National University Press. p 112

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c4170fc0-31d6-405d-8372-2ce4f3727db0