PLANT FACT SHEET

Bauhinia sp.

GENUS *Bauhinia* **FAMILY** Fabaceae

COMMON NAMES Sieo

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves and shoots are eaten after after being made white.

DESCRIPTION

A climbing plant. The leaves are simple. They can be entire of have 2 lobes or 2 leaflets. There are often bristles on the midrib between the lobes. The flower clusters have flowers which can be white, pink or red. The fruit are pods which are narrow and compressed. There are 2 or more seeds.

HABITAT

A tropical plant.

NOTES

There are a very large number of species of Bauhinia. There are about 250-350 Bauhinia species. Most are in the tropics. Also as Caesalpinaceae.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 1679
Jacquat, C., 1990, Plants from the Markets of Thailand. D.K. Book House p 43

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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