PLANT FACT SHEET

Ixeridium gracile (DC.) Pak & Kawano

GENUS *Ixeridium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a vegetable.

DESCRIPTION

A herb. It grows 10-50 cm tall. The leaves at the base are narrow and spoon shaped. They are 4-15 cm long by 0.4-1 cm wide.

HABITAT

It is a temperate plant.

REFERENCES

Kayang, H., 2007, Tribal knowledge on wild edible plants of Meghalaya, Northeast India. Indian Journal of Traditional Knowledge. Vol. 6(1), January 2007, pp. 177-181 (As Ixeris gracilis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c421e889-2c1e-44c6-ac01-0fad0d09485c