PLANT FACT SHEET

Megaphrynium distans Hepper

GENUS *Megaphrynium* **FAMILY** Marantaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulp of the fruit is eaten raw.

DESCRIPTION

A herb. It grows 90-120 cm tall. There is 1 leaf per stem. The flowers are yellow with a red spot.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Dalziel, J. M., 1937, The Useful plants of west tropical Africa. Crown Agents for the Colonies London.

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 35

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c46fc20d-cbf1-4988-a9b5-6d900760b3b3