PLANT FACT SHEET

Amsinckia tessellata A. Gray

GENUS *Amsinckia* **FAMILY** Boraginaceae

COMMON NAMES Bristly fiddleneck

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

DESCRIPTION

A herb. It grows 40 cm tall.

HABITAT

It is a temperate plant. In Argentina it grows from sea level to 500 m above sea level. It can grow in arid places.

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c49464c0-8a74-499d-8f66-c152251e8eb5