PLANT FACT SHEET

# *Actinidia arguta var. arguta*

**GENUS** *Actinidia* **FAMILY** Actinidiaceae

**COMMON NAMES** Purple Chinese gooseberry

## EDIBLE PARTS AND USES

**Edible parts:** Fruit

The fruit are eaten raw or cooked.

## DESCRIPTION

A climber up to 10 m long. The fruit are 2.5 cm long.

## HABITAT

It is a temperate plant. It grows naturally in W. China in thickets, 1500 - 2100 metres. It suits hardiness zones 4-8

## NOTES

There are 40-60 Actinidia species. The Actinidiaceae are a mainly tropical family.

## REFERENCES


Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications. p 2 (As Actinidia purpurea)

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http://www.scs.leeds.ac.uk/pfaf/ (As Actinidia purpurea)

C. S. Sargent, Pl. wilson. 2:378. 1915 (As Actinidia purpurea)



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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/c4b84c16-1259-4345-a9b7-25e5b0a892dc