PLANT FACT SHEET

Caloncoba welwitschii (Oliv.) Gilg.

GENUS *Caloncoba* **FAMILY** Achariaceae

COMMON NAMES Miamingomo

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulp of the fruit is eaten.
Caution: The dried powdered seeds are poisonous.

DESCRIPTION

A shrub or small tree. It loses its leaves during the year. It grows to 10-12 m high. The leaves are dark green. They are large and 25 cm long by 18 cm wide. The leaf stalk is 15 cm long. The flowers are showy and have a sweet smell. The petals are bright white. The flowers are 10 cm across and are produced on older wood. The fruit is about 8 cm across and covered with slender spines. The fruit split into 5 or 6 parts when mature. There are several seeds. These are round and 6 mm across.

HABITAT

A tropical plant. It grows in rainforest. It suits humid locations and the seasonally dry tropics. It grows in the evergreen forest in West Africa. In Malawi it is common between 1,600-1,900 m altitude.

PRODUCTION

Cultivation

It can be grown from seeds. It can be cut back and will re-grow.

NOTES

Also put in the family Flacourtiaceae.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 2. Kew.

Latham, P. & Mbuta, A. K., 2014, Useful Plants of Bas-Congo Province, Democratic Republic of Congo. Volume 1. Salvation Army. p 96

Latham, P & Mbuta, A., 2017, Useful Plants of Central Province, Democratic Republic of Congo. Volume 2. Salvation Army p 72 (As Oncoba welwitschii)

Lautenschläger, T., et al, 2018, First large-scale ethnobotanical survey in the province of Uíge, northern Angola. Journal of Ethnobiology and Ethnomedicine (2018) 14:51 (As Oncoba welwitschii)

Vivien, J., & Faure, J.J., 1996, Fruitiers Sauvages d'Afrique. Especes du Cameroun. CTA p 161

White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, Evergreen Forest Flora of Malawi. Kew. p 266

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c4c342f8-d813-49ad-931d-53dbdd99284a