PLANT FACT SHEET

Ruellia cordata Thunb.

GENUS *Ruellia* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It has a woody rootstock and twiggy stems. It has grey hairs. The leaves are broadly oval and can be heart shaped at the base. They are 1.5 cm across. They are mauve.

HABITAT

It is a tropical plant. It grows in damp shady places.

REFERENCES

Cunningham, 1985,

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Pickering, H., & Roe, E., 2009, Wild Flowers of the Victoria Falls Area. Helen Pickering, London. p 18

Swaziland's Flora Database http://www.sntc.org.sz/flora

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c4ccaf86-5f38-4f71-ada1-5fabcf70d1a2