PLANT FACT SHEET

Peristrophe roxburghiana (Schultes) Bremekamp

GENUS *Peristrophe* **FAMILY** Acanthaceae

COMMON NAMES Red silk-thread

EDIBLE PARTS AND USES

Edible parts: Leaves

The leafy shoots, with or without flowers, are used for making soup or tea.
The leaves are used to dye sticky cakes.
Caution: The leaves should not be used as a medicine by pregnant women.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 20-40 cm high. It is softly hairy. The stems have 4-6 stripes along them. The leaves are opposite and oval. They are 4-9 cm long by 2-4 cm wide. They taper to the end and are wedged shaped at the base. The flowers are rose-purple. The fruit is a capsule. It is 1 cm long.

HABITAT

It is a tropical plant. It is native to southern China. It grows in damp shady valleys.

REFERENCES

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