PLANT FACT SHEET

Lomatium simplex (Nutt.) J. F. Macbr.

GENUS *Lomatium* **FAMILY** Apiaceae

COMMON NAMES Narrowleaf lomatium

EDIBLE PARTS AND USES

The roots are baked or roasted and eaten. They are also eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 315

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c56e76c7-131c-464c-960a-7e9077ab8e96