PLANT FACT SHEET

Ceropegia spiralis Wight

GENUS *Ceropegia* **FAMILY** Apocynaceae

COMMON NAMES Spiral ceropegia

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a pot herb. They are also eaten raw.

DESCRIPTION

A small herb. It keeps growing from year to year. It grows 20-30 cm tall. The stems are weak and erect. The tubers are 1-2 cm across. The leaves are narrowly sword shaped and arranged opposite each other. They are grass like and 3-5 cm long. The flowers are in clusters of 3-5 in the upper leaf axils. The flower tube is swollen at the base. The seed pods are narrow and 5-7 cm long.

HABITAT

It is a tropical plant.

NOTES

There are about 160-200 Ceropegia species. Probably now in Apocynaceae.

REFERENCES

Reddy, K.R., 1989, Additional Notes on the Wild Edible Plants of India. J. Econ. Tax. Bot. Vol. 13 No. 1 pp 125-127

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c56fd304-51da-4a6c-a464-19c2573913c8