PLANT FACT SHEET

Adesmia spinosissima Meyen ex Vogel

GENUS *Adesmia* **FAMILY** Fabaceae

COMMON NAMES Rica-rica

EDIBLE PARTS AND USES

Edible parts: Roots

DESCRIPTION

A shrub. It grows 1.6 m high. It has very large spines. Young leaves are hairy. The flowers are yellow.

HABITAT

It is a tropical plant. It grows at high altitudes. It occurs as 3,500 m above sea level. In Argentina it can be between 2,700-4,300 m above sea level. It can grow in dry arid areas with 6-10 months of drought. It grows in areas with 100-300 mm of winter rain. It grows in full sun. It suits hardiness zone 9. It can tolerate frost but not snow.

NOTES

There are about 230 Adesmia species. The grow in mountainous regions in South America.
It is used in medicine.

REFERENCES

Aldunate, C. et al, 1983, Ethnobotany of pre-Altiplanic Community in the Andes of Northern Chile. Economic Botany 37( ) p 120-134

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

Reise um die Erde 2:27. 1843

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c5747ff6-6d65-4c3d-a177-1a38468e7724