PLANT FACT SHEET

Gonostemon gettleffii (Pott) P. V. Heath

GENUS *Gonostemon* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Stems

DESCRIPTION

A plant with succulent stem like a cactus. It grows 25 cm tall. It can form clumps 1 m across. The branches are 4 sided in cross section. The flowers are star shaped and lie face up on the ground. They are 15 cm across and have purple lines against a yellow background. It is hairy.

HABITAT

It is a subtropical plant.

NOTES

Also put in the family Apocynaceae.
The spelling of the scientific name varies as gettleffei or gettlefii.

REFERENCES

Wehmeyer, A. S, 1986, Edible Wild Plants of Southern Africa. Data on the Nutrient Contents of over 300 species. (As Stapelia gettlifei)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c590d72f-256e-496b-afd7-70d01bc19076