PLANT FACT SHEET

Moraea tripetala (L.f.) Ker Gawl

GENUS *Moraea* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corms

The corm or bulb is eaten as a snack and also cooked as a vegetable.

DESCRIPTION

An erect slender herb. It grows 10-50 cm tall. The stem is slender and branched. The corm is round. The leaves occur singly from the base. They are smooth, flat and narrow. The flowers has a large spathe around it. The flowers are 20-35 cm long with white speckles at the centre. The fruit is a capsule. There are several angled seeds.

HABITAT

It is a subtropical plant. It grows on mountain slopes, usually on heavy clay soils.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 240 (NB Some of synonyms don't match)

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 68

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c5a736bd-70cd-4df3-bfd3-c1ec9d3d6475