PLANT FACT SHEET

Epilobium canum subsp. latifolium (Green.) Raven

GENUS *Epilobium* **FAMILY** Onagraceae

COMMON NAMES Hummingbird trumpet

EDIBLE PARTS AND USES

Edible parts: Flowers - nectar

The nectar is sucked from the flowers.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 10-50 cm tall. It has spreading hairs. The leaves are opposite and oval. The flowers are large. They have long tube shaped orange red corollas.

HABITAT

It is a temperate plant. It grows in dry slopes in forests between 50-3,300 m above sea level.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 213

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c61b317e-631e-4cdf-b3af-c5bb4ae4a924