PLANT FACT SHEET

Cleretum papulosum (L.f.) L.Bolus

GENUS *Cleretum* **FAMILY** Aizoaceae

COMMON NAMES Ice plant

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - flavouring

The leaves are eaten as a snack and also used for flavouring.

DESCRIPTION

A herb. It is succulent and lies along the ground. It grows 10-15 cm tall and is hairy. The leaves are 8 cm long and 1 cm wide.

HABITAT

It is a warm temperate plant.

REFERENCES

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c64f3767-7db0-403f-bfa0-3e0a4b22fee8