PLANT FACT SHEET

Commelina undulata R. Br.

GENUS *Commelina* **FAMILY** Commelinaceae

COMMON NAMES Long leaved dayflower

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. The stems can be erect or curving upwards. It is 60 cm long. The leaves to not have leaf stalks. The leaves are 6-9 cm long by 1-3 cm wide.

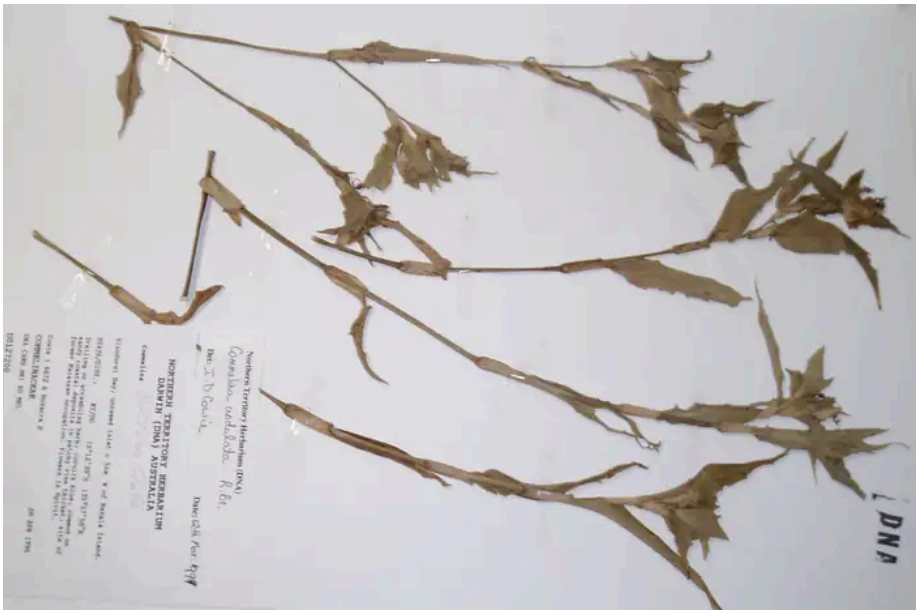
HABITAT

It is a tropical plant. It grows in humid mountain slopes.

NOTES

There are about 230 Commelina species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Mallick, S. N., et al, 2020, Ethnobotanical study of wild edible food plants used by the tribals and rural populations of Odisha, India. Plant Archives Vol. 20, No. 1, 2020 pp. 661-669 (As Commelina kurzii)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c659bf7e-36e8-447c-bfed-f094b89ec3f3