PLANT FACT SHEET

Asclepias humilis (E. Mey.) Schltr.

GENUS *Asclepias* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Rootstock

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

NOTES

Also put in the family Asclepiadaceae.

REFERENCES

Guillarmod, J., 1971,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 61

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 21

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c661306c-4d9f-4b8a-a8d2-298de61593b3