PLANT FACT SHEET

Eminium spiculatum (Blume) Schott

GENUS *Eminium* **FAMILY** Araceae

COMMON NAMES Eminium, Friar's cowl

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw in salads.
The fresh or dried leaves are used in cooking. They are used in lamb stew.
The root is cooked and eaten.
Caution: Plants in this family can contain oxalates.

DESCRIPTION

A bulb or root crop plant. It grows 10 cm high. It keeps growing from year to year. The leaves are in rings. The leaves are lobed.

HABITAT

It is a Mediterranean plant. It grows in sand. It grows in dry rocky places. In Lebanon it grows in fields and in waste places in the highlands. It grows in hardiness zone 8 and above.

NOTES

There are 8 Eminium species.
It probably has anticancer peoperties.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c669a188-f264-4e62-a8ff-806d4eb3bace