PLANT FACT SHEET

Staphylea pinnata Linn.

GENUS *Staphylea* **FAMILY** Staphyleaceae

COMMON NAMES European Bladder-nut, False pistachio

EDIBLE PARTS AND USES

Edible parts: Seeds, Nuts, Flowers

The seed kernels are eaten and taste like pistachios.
The flowers are used for pickles.

DESCRIPTION

A shrub. It grows 4.5 m high and spreads 4.5 m wide. The leaves have 3-7 leaflets which taper to a fine point. There are teeth along the edge. They are waxy underneath. The flowers are white with red tips on the sepals. The fruit are pods 25 mm wide.

HABITAT

A temperate plant. It suits hardiness zones 6-9.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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