PLANT FACT SHEET

Strelitzia alba (L.f.) Skeels

GENUS *Strelitzia* **FAMILY** Strelitziaceae

COMMON NAMES Great white strelitzia

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are used as a vegetable.

DESCRIPTION

A tree that can have one or several trunks. It grows 10 m high. The trunk is spiny and woody. It is covered with old leaf bases. It has a fan like canopy of leaves. The leaves are very large and like banana leaves. These break into feather like strips. They are shiny and leathery and have thick leaf stalks. The flowers are like the head of a bird. They are white on top and purple below. The fruit is a woody capsule which has 3 lobes. It contains many seeds.

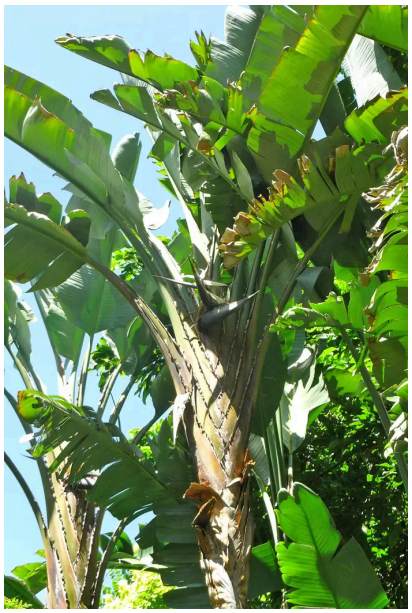
HABITAT

A subtropical plant.

NOTES

There are 4-5 Strelitzia species. They grow in South Africa.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c7238cdc-b9d3-44d6-874d-3a957419d97a