PLANT FACT SHEET

Teucrium scordium subsp. scordioides (Schreb.) Arcang

GENUS *Teucrium* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw.

DESCRIPTION

A herb. It keeps growing from year to year. It has runners. The stems are erect and 60 cm tall. They are hairy. The leaves are oblong and 1-3 cm long by 0.4-1.2 cm wide.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c7334287-d84f-42d9-ad22-d00039b7270b