PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Tradescantia zebrina (Schnizl.) D. R. Hunt

GENUS *Tradescantia* **FAMILY** Commelinaceae

COMMON NAMES Rumput belang

EDIBLE PARTS AND USES

Edible parts: Leaves - drink

DESCRIPTION

A creeping herb. The leaves are oval to oblong. The base of the leaf is at an angle. The leaves are succulent. They are red beneath and have red bands along the midrib of the pale green upper leaf surface. There is also often 2 silver white stripes long the leaf. The flowers are red. They unite to form a tube. The tube of the 3 sepals is longer than that of the 3 petals.

HABITAT

It is a tropical plant. It grows under shrubs. In Argentina it grows between 400-700 m above sea level. Adelaide Botanical Gardens.

PRODUCTION

Cultivation

Plants can be grown from cuttings.

NOTES

There are about 5 Zebrina species. Used as a medicine in Indonesia.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c754d8e6-b728-4eca-bf67-298f73c92d3d