PLANT FACT SHEET

Buddleja macrostachya Benth.

GENUS *Buddleja* **FAMILY** Scrophulariaceae

COMMON NAMES Long spiked butterfly bush

EDIBLE PARTS AND USES

Edible parts: Bark

The bark is chewed with betel leaf.

DESCRIPTION

A large shrub. It loses its leaves during the year. It can grow 1-6 m tall. The branched have 4 wings. These have a coating when young. The leaves are sword shaped and dark green. The flowers are in gorups and are pink or pirple with cream to orange centres as they open.

HABITAT

It is a subtropical plant.

REFERENCES

Kayang, H., 2007, Tribal knowledge on wild edible plants of Meghalaya, Northeast India. Indian Journal of Traditional Knowledge. Vol. 6(1), January 2007, pp. 177-181

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c75d376a-be01-4297-b5cf-c2b2f66d802c