PLANT FACT SHEET

Arctostaphylos glauca Lindl.

GENUS *Arctostaphylos* **FAMILY** Ericaceae

COMMON NAMES Bigberry manzanita, Great-berried manzanita

EDIBLE PARTS AND USES

Edible parts: Fruit

The fresh fruit are eaten raw. They are also used for jelly and drinks.
The dried fruit can be ground into flour.
Caution: Raw fruit eaten in large amounts can have ill side affects.

DESCRIPTION

A large shrub or small tree. It grows 3-6 m high. The bark is red brown. The leaves are dull greyish-green. The leaves are 35 mm long. They are oval in shape. The flowers are white or pink. The fruit grow in clusters. The fruit are white but turn red then black.

HABITAT

It is a warm temperate plant. It is native to California in the USA. It will tolerate temperatures down to -10°C. It grows best in full sun. It suits hardiness zones 8-10.

NOTES

There are about 50 Arctostaphylos species.

PICTURES



Credit: Food Plants International (Bruce French)

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