PLANT FACT SHEET

Baccharis tola var. incarum (Wedd.) Muller

GENUS *Baccharis* **FAMILY** Asteraceae

COMMON NAMES Lejia

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb. It grows 20-50 cm tall. The leaves are small and have teeth along the edge. The flowers are cream to white.

HABITAT

It is a tropical plant. It grows in dry sandy hills. It grows above 4,100 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed or tip cuttings.

NOTES

There are about 250-350 Baccharis species. There are 300-430 Baccharis species in the neotropics.
It is used in medicine.

Not in The Plant List. Probably now Baccharis tola var. tola

REFERENCES

Aldunate, C. et al, 1983, Ethnobotany of pre-Altiplanic Community in the Andes of Northern Chile. Economic Botany 37( ) p 120-134 (As Baccharis incarum)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c772a0db-1026-4709-b2ed-80f2ba10e93c