PLANT FACT SHEET

Salicornia ambigua Michx.

GENUS *Salicornia* **FAMILY** Amaranthaceae

COMMON NAMES Woody glasswort

EDIBLE PARTS AND USES

Edible parts: Stems

The salty stems are cooked and eaten.

DESCRIPTION

A herb with trailing stems. These can be 60 cm long. It forms mats on the ground. The stems are fleshy and succulent. The leaves are mere scales. The flowers are very small and in groups of 3 to 7.

HABITAT

It is a warm temperate plant. It grows near beaches and salt marshes.

NOTES

There are 28 Salicornia species.
Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c7952519-18bb-40af-a5f5-eac202a58c15