PLANT FACT SHEET

Psophocarpus lancifolius Harms

GENUS *Psophocarpus* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root, Leaves, Seeds

The tubers are roasted and eaten.

DESCRIPTION

A herb. It is a climbing plant that keeps growing from year to year. It grows 5 m long. The stems can form roots at the nodes and then produce tubers at this point. The plant is covered with soft yellow hairs. The leaflets are narrowly oval and hairy. The standard of the flowers is pink to violet inside and white near the throat. The pods are winged and square or X-shaped in cross section. The seeds are square to round. There are 8-13 seeds per pod. The seeds are reddish-brown.

HABITAT

It is a tropical plant. In Congo it grows between 1,100-2,550 m altitude. It grows in rocky and swampy savannah. It grows on the edges of forests and in moist places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c7aa2112-fa11-4e43-8e56-caf79cc59965