PLANT FACT SHEET

Lactarius congolensis Beeli

GENUS *Lactarius* **FAMILY** Russulaceae

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a tropical plant.

REFERENCES

Belova, N.V. & Popov, E.S., 2024, Lactarius and Lactifluus (Russulaceae): Species Diversity and Ecological–Biochemical, Medicobiological, and Nutritional Aspects. Biology Bulletin Reviews, 2025, Vol. 15, Suppl. 2, pp. S113–S121.

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Verbeken, A. and Walleyn, R., 1999, Studies in Tropical African Lactarius species 7 A synopsis of the section edules and a review on the edible species. Belg. Journ. Bot. 132(2): 175-184

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c7b2de04-3186-41ad-93b2-4e3e2424e279