PLANT FACT SHEET

Vigna friesiorum Verdc.

GENUS *Vigna* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root, Fruit, Pods

The root tuber is peeled and chewed for its sweet sap.

DESCRIPTION

A small erect herb. It has many branches. It grows 20-30 cm high. It grows from a narrow tuber. The tuber is 15-25 cm long by 2 cm wide. It is reddish brown on the surface. The stems are weak. The leaves have long narrow leaflets. The leaves have long leaf stalks. The leaflets are slightly hairy and do not have lobes.

HABITAT

It is a tropical plant. In Kenya it grows between 400-1,700 m altitude. It is in grassland usually on red clay.

PRODUCTION

Cultivation

Plants are grown from seeds.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c7e2de99-bf4c-4689-a94e-0945eadd20b1