PLANT FACT SHEET

Carex stramentitia Boott ex Boecker

GENUS *Carex* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten raw.

DESCRIPTION

A sedge. It has a long rhizome. The stems are tufted and 30-75 cm tall. They are 3 sided. The leaves are flat and 1-2 mm wide. It has a compound flower panicle 20-30 cm across and 3-5 branched. There are many spikes. The seeds are oval and 3 sided. They are 3 mm across.

HABITAT

It is a tropical plant. It grows in grasslands near woods between 100-1,000 m above sea level in southern China. In Yunnan.

REFERENCES

Srivastava, R. C., 2010, Traditional knowledge of Nyishi (Daffla) tribe of Arunachal Pradesh. Indian Journal of Traditional Knowledge. 9(1):26-37 (As Carex filicina Boeckeler ex C. B. Clarke [Invalid])

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c83e3c2a-b0b4-44d2-ab05-b8ba877d1e26