PLANT FACT SHEET

Russula ciliata Buyck

GENUS *Russula* **FAMILY** Russulaceae

COMMON NAMES Muterenha

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a tropical plant.

REFERENCES

Degreef, J., et al, 2016, Wild edible mushrooms, a valuable resource for food security and rural development in Burundi and Rwanda. Biotechnol. Agron. Soc. Environ. 2016 20(4), 441-452

efta-online.org, Edible Fungi of Tropical Africa, Jardin botanique Meise

Food Composition tables for Mozambique 2011, p 24

Harkonen, M., et al, 1993, Tanzanian mushrooms and their uses 1. Russula. Karstenia 33:11-50.

Tibuhwa, 2013, Wild Mushroom - an underutilized healthy food resource and income generator: experience from Tanzania rural areas. Journal of Ethnobiology and Ethnomedicine 9:49

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c892919c-fb91-4a96-aafc-265a76d65528