PLANT FACT SHEET

Amsinckia lycopsoides Lindl. ex Lehm.

GENUS *Amsinckia* **FAMILY** Boraginaceae

COMMON NAMES Yellow Burrweed, Bugloss fiddle-neck, Tarweed fiddleneck

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

CAUTION: Substances toxic to the liver have been found in related plants.
The sprouts are eaten as a potherb.
The seeds are parched and pounded into flour and used for cakes.

DESCRIPTION

An annual plant. It is erect. It grows 50 cm high. They have both long and short hairs mixed. The leaves do not have stalks and are narrowly sword shaped. The flowers are yellow and without bracts. The flowers have a restricted corolla throat which is enclosed in a hairy pouch.

HABITAT

It is a temperate plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c89f5edb-b281-4e5e-80d8-937f7fe7241c